

## Abstract

This study examined the relationship between negative physical self-perceptions, body dysmorphic disorder (BDD) symptoms, and drug abuse status among females in Hong Kong. Forty females (mean age = 21.8 years) were recruited for this study, with 20 of them were current drug abusers and 20 were non-drug abusers. A 55-item questionnaire was completed to measure participants' physical self-perceptions, BDD symptoms and drug abuse status. Results showed that increased BDD symptoms, along with negative perception of physical health, predicted drug abuse behavior among females in Hong Kong. Possible underlying reasons and implications were discussed for clinicians, teachers and social workers to better understand the phenomenon and take prompt actions for preventive purposes. Further direction following the present study was also suggested.